

Big Sky Sport Psychology Retreat: Psychological Health of Elite Athletes
18th Annual Meeting – February 12th – 16th
Big Sky Resort, Big Sky Montana
Schedule of sessions/events

Saturday

- 5:30pm – 7:00pm Opening Social (cash bar, light food)
- 7:00pm – 9:00pm Navigating Life as a Sport Psychologist: Ethics and Culture of Competing Demands (Dr. Michelle Garvin, Dr. Cassie Pasquariello, and Dr. Bob Corb) (This will be for CEs) **

**In the past the Saturday evening “social” and opening has not had available CEs attached to it. However, due to the Super Bowl Party timing, the Saturday evening session will have 2 CEs awarded for attending and participating in the session

Sunday

- 8:00am – 10:00am Real Talk: Scars, Stabs, and Open Wounds, Dr. Ken Chew, et. Al.
- 10:15am – 12:00pm Tough Call: The San Francisco Giants (Drew Robinson, Dr. Shana Alexander, and Dr. Emily Cheatum)
- 3:30PM** **Superbowl Party** sponsored by the Hilinski’s Hope Foundation
- 5:00pm Dinner served from Hilinski’s Hope Foundation

Monday

AM

- 8:00am – 9:30am The Mental Health Impact of NIL (Dr. Kweku Smith and Dr. Kris Eiring)
- 9:30am – 10:30am Sport Psychology Perspectives From the Tokyo Olympics (Dr. Karen Cogan)
- 10:45am – 12:15pm Substances and Sport: You Gatta Know Your Stuff (Dr. LaTisha Bader)

PM

- 5:00pm – 7:00pm Conditional Confidentiality: Does What’s Clucked in the Coop Stay in the Coop? (Dr. Doug Hankes & Dr. Gary Bennett Bennett)
- 7:15 – 9:00pm 10 in 10s
Utilization of Healthcare Technology for Student-Athlete Care and Clinical Workflows (Ed Darrah, LPC)

Identification of Eating Disorders in Athletes (Dr. Kate Bennett)
Mental Health First Aid for Staff and Coaches (Dr. Jon Ravarino
and Sonia Johnson, M.Ed.)

Supporting International Student-Athlete Acculturation (Dr. Derek
Vigon)

Tuesday

AM

8:00am – 9:30am Using Data to Drive Interdisciplinary Treatment: What’s driving the bus?
(Dr. Kate Higgins, Dr. Brett Woods, Dr. Brett Haskell, Dr. Mariah
Bullock, and Nedu Izuegbunam, M.Ed.)

9:45am-11:00am Injury: Physical and Psychological (Dr. Tim White)

11:00pm – 12:15 The Impact of Coach, from Four Perspectives and our Roles as
Professionals (Dr. Jamey Houle and Dr. Michelle Joshua)

PM

5:00pm – 7:00pm NCAA SSI Update Session from Brian Hainline, NCAA SSI

7:00pm Closing Banquet