

**Big Sky Sport Psychology Conference: Psychological Health of Elite Athletes
Professional Sports Program
18th Annual Meeting – February 12-16, 2022
Big Sky Resort, Big Sky, Montana**

Schedule of Sessions/Events

(Sunday-Tuesday Sessions held in Yellowstone Conference Center/Gallatin Room)

Saturday, February 12, 2022

Participants arrive

6:00pm – 7:00pm

Opening Social (Cash bar; light food)
Huntley Dining Room

7:00pm-9:00pm

Opening Activity/Intro to Program

Sunday, February 13, 2022

8:00am – 8:30am

Introduction/Review of Program (Drs. Carr & Maher)

8:30am – 10:00am

Diversity, Equity, & Inclusion (Drs. Gunter & Cargill)

10:15am – 12:00 pm

Mental Health Care & SF Giants (combined session)

3:30pm

Super Bowl Party (small table group discussion offered)

Monday, February 14, 2022

8:00am– 10:00 am

Optimizing Impact: Effective Integration of Mental Health Professionals into Professional Sports Organizations (Drs. Tyrance, NiiLampti, & others)

10:15am – 12:15pm

Case Studies Presentations/Discussion (Drs. Maher, Conviser, Pindyck, & Lodato)

12:00pm – 4:30pm

Collaboration and Break

4:30pm – 6:30pm

Ethics and Practice in Professional Sports (Drs. Baillie & Carr)

6:30pm – 8:30pm

Responding to Mental Health Emergencies (Drs. Conviser & Pindyck)

Tuesday, February 15, 2022

8:00am – 9:30am

Substances and Pro Sports (Dr. L. Bader)

9:30am – 11:00am

Collaborative Roles in Sports Medicine (Drs. Carr, Festa, Lawrence, & Oiness-Thompson)

11:00am-12:30pm

Addressing Psychological Needs in the Off-Season (Drs. Tyrance & Maher)

12:30pm – 4:00pm

Collaboration and Break (Conference Groups Planning)

4:00pm – 5:30pm

Self-Care Strategies for Providers (Dr. Conviser)

5:30pm – 7:00pm

**Future Directions for Psychology Practice in Pro Sports
(Discussion session; Drs. Maher & Carr)**

7:00pm – 9:00pm

Closing Banquet (**Huntley Dining Room**)
Cocktails begin @ 6:30pm

Wednesday, February 16, 2022

Participants depart for home